

Package ‘actisomni’

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Type Package

Title Create Sleep Measures of Actigraphy and Activity Analysis

Version 0.4.0

Description Estimates sleep from wrist accelerometry and epoch-level activity data. Implements sleep-period-time guiders based on angle changes, posture, least-active periods, sustained inactivity, low activity, and diary or fixed time windows; combines guider windows with sustained-inactivity bouts to produce sleep/wake labels and consensus estimates. Provides diary helpers, and interfaces to the 'asleep' and 'sleeper' machine-learning estimators. The angle-based and sustained-inactivity methods are described by van Hees et al. (2015) [<doi:10.1371/journal.pone.0142533>](https://doi.org/10.1371/journal.pone.0142533) and van Hees et al. (2018) [<doi:10.1038/s41598-018-31266-z>](https://doi.org/10.1038/s41598-018-31266-z); the model estimators are described by Yuan et al. (2024) [<doi:10.1038/s41746-024-01065-0>](https://doi.org/10.1038/s41746-024-01065-0) and Sundararajan et al. (2021) [<doi:10.1038/s41598-020-79217-x>](https://doi.org/10.1038/s41598-020-79217-x).

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acti_asleep	<i>Estimate sleep with the asleep model</i>
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Description

Runs `asleep::asleep()` on complete, time-ordered raw triaxial acceleration and converts its predictions to the common `acti_sleep_estimate` format.

Usage

```
acti_asleep(  
  data,  
  min_wear_hours = 22L,  
  time_shift = "0",  
  report_light_and_temp = FALSE,  
  pytorch_device = c("cpu", "cuda:0"),  
  sample_rate = NULL,  
  verbose = TRUE,  
  force_download = FALSE,
```

```

    tz = NULL
  )

  acti_calculate_asleep(
    data,
    min_wear_hours = 22L,
    time_shift = "0",
    report_light_and_temp = FALSE,
    pytorch_device = c("cpu", "cuda:0"),
    sample_rate = NULL,
    verbose = TRUE,
    force_download = FALSE,
    tz = NULL
  )

```

Arguments

<code>data</code>	A data frame containing timestamps and triaxial acceleration, or a readable accelerometer file path. File paths are passed unchanged to <code>asleep::asleep()</code> .
<code>min_wear_hours</code>	Minimum daily wear time used by asleep summaries.
<code>time_shift</code>	Clock-time correction passed to <code>asleep::asleep()</code> .
<code>report_light_and_temp</code>	Whether to request light and temperature output.
<code>pytorch_device</code>	Device used for prediction.
<code>sample_rate</code>	Optional input sample rate.
<code>verbose</code>	Whether asleep prints progress messages.
<code>force_download</code>	Whether to re-download asleep model files.
<code>tz</code>	Time zone of the recording and the returned times. By default the time zone of <code>data\$time</code>, or "UTC" when data is a file path; set it to the recording's time zone for file input. asleep works on local clock times without a time zone and splits the recording into noon-to-noon days on that clock. For data-frame input, the clock passed to asleep is held at the UTC offset in effect at the start of the recording, as a device clock is, so it never repeats or skips an hour at a daylight-saving transition. The returned times are the exact instants of the input, shown in <code>tz</code>. For file input, the device clock times that asleep reports are taken as clock times in <code>tz</code>. File and data-frame input of the same recording can therefore differ after a daylight-saving transition: a device clock that does not change for daylight saving is an hour off from <code>tz</code> until the clocks change back. This difference is known. To match such a device clock, use a fixed-offset time zone, e.g. <code>tz = "Etc/GMT-1"</code> for UTC+1.

Value

An `acti_sleep_estimate` tibble with `time`, `sleep`, `sleep_probability`, `sleep_stage`, `nonwear`, and `method`. The asleep backend currently does not return probabilities, so `sleep_probability` is NA.

acti_sleeper	<i>Estimate sleep with the sleeper model</i>
--------------	--

Description

Runs `sleeper::estimate_sleep()` on complete, time-ordered raw triaxial acceleration. Input is converted to the timestamp-in-seconds format required by sleeper before the model is called.

Usage

```
acti_sleeper(data, epoch = 30L, model_dir)
```

Arguments

data	A data frame containing timestamps and triaxial acceleration.
epoch	Output epoch, in whole seconds or a string such as "30 seconds"; see <code>actibase::acti_standardize_epoch</code> .
model_dir	Directory containing the sleeper model files.

Value

An `acti_sleep_estimate` tibble with time, sleep, sleep_probability, sleep_stage, nonwear, and method. The sleeper backend does not return probabilities or sleep stages, so those columns are NA.

acti_sleep_diary	<i>Identify a diary-defined sleep window</i>
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Description

Identify a diary-defined sleep window

Usage

```
acti_sleep_diary(data, onset, wakeup)
```

Arguments

data	A data frame containing timestamps.
onset, wakeup	POSIXct values defining a diary sleep window.

Value

An `acti_sleep_guider` object. Missing diary times return an empty window rather than imputing either boundary.

Examples

```
data <- actimetrics::acti_count_data
diary_window <- acti_sleep_diary(
  data, onset = data$time[5], wakeup = data$time[30]
)
```

acti_sleep_ensemble	<i>Run a sleep-label ensemble from raw or epoch data</i>
---------------------	--

Description

This convenience workflow detects or accepts sustained inactivity bouts, runs compatible sleep guiders, creates one sleep label per guider, then produces a consensus. Raw triaxial data use HDCZA, HorAngle, and a fixed 22:00–08:00 window by default; L5 is included only when the data span its requested duration. Epoch data use NotWorn and the fixed window, adding L5 when possible. Set guiders to choose a subset explicitly.

Usage

```
acti_sleep_ensemble(
  data,
  guiders = NULL,
  epoch = "5 seconds",
  sib_method = "vanHees2015",
  fusion = c("staple", "majority"),
  sleepwindow_type = c("SPT", "TimeInBed"),
  smooth = c("rollmedian", "none"),
  ...
)
```

Arguments

data	Raw triaxial or regular epoch-level data. Epoch data should have a sib column or a conventional activity column.
guiders	Guider names. Defaults depend on whether raw acceleration is available.
epoch	Raw-data aggregation epoch, in seconds or a string such as "5 seconds"; see actibase::acti_standardize_epoch() .
sib_method	SIB method, passed to <code>acti_sleep_sib()</code> .
fusion	Consensus rule: "staple" or "majority".
sleepwindow_type	SPT or TimeInBed overlap rule.
smooth	Smoothing of the raw axes before the angle is computed: "rollmedian" (the default) takes a five-second rolling median of each axis first, as described by van Hees et al. (2015, 2018) and implemented in GGIR, so angles agree with

GGIR's `anglez`; "none" computes the angle from each raw sample, as in `acti-somni` 0.3.0 and earlier. The median is taken over samples, not time, so "rollmedian" warns when the timestamps have gaps; fill or resample such data first.

... Passed to the individual guider functions.

Value

A list of time-indexed data. `epoch_data` includes the van Hees `sib`; each guider has a `label_data` element with time and window; `labels` has time plus one logical `sleep_<guider>` column per guider; `fused` has time, probability, and consensus label; and `label_data` combines all these analysis columns.

Examples

```
raw <- actiread::acti_read_gt3x(actiread::acti_example_gt3x(), verbose = FALSE)
result <- acti_sleep_ensemble(raw)
```

`acti_sleep_fuse_labels`

Fuse multiple sleep/wake labels with STAPLE

Description

STAPLE estimates a latent consensus sleep label and each input labeler's sensitivity and specificity using expectation-maximisation.

Usage

```
acti_sleep_fuse_labels(
  labels,
  threshold = 0.5,
  tolerance = 1e-06,
  max_iterations = 200L
)
```

Arguments

<code>labels</code>	A data frame, matrix, or tibble of logical/binary sleep-label columns, such as the output of <code>acti_sleep_labels()</code> .
<code>threshold</code>	Posterior sleep-probability threshold for the fused label.
<code>tolerance, max_iterations</code>	STAPLE convergence controls.

Value

A tibble with `sleep_probability` and binary sleep columns. If `labels` includes time or epoch, that index is retained. The fitted STAPLE parameters are attached as the `staple` attribute.

Examples

```
labels <- data.frame(
  sleep_15 = c(FALSE, TRUE, TRUE, FALSE),
  sleep_fixed = c(FALSE, TRUE, FALSE, FALSE)
)
acti_sleep_fuse_labels(labels)
```

acti_sleep_guider	<i>Dispatch a sleep-period-time guider from data</i>
-------------------	--

Description

For "HDCZA" and "HorAngle", supply raw triaxial acceleration; the selected function derives a regular epoch-level posture angle. The remaining methods use regular epoch-level activity, SIB, or timestamp data. Use `acti_sleep_guider_requirements()` for a method-by-method summary.

Usage

```
acti_sleep_guider(
  data,
  method = c("HDCZA", "HorAngle", "L5", "setwindow", "HLRB", "NotWorn", "sleeplog"),
  ...
)
```

Arguments

data	A raw or epoch-level data frame, according to method.
method	One of "HDCZA", "HorAngle", "L5", "setwindow", "HLRB", "NotWorn", or "sleeplog".
...	Method-specific arguments, such as threshold, start_hour, onset, and wakeup.

Value

An `acti_sleep_guider` object.

Examples

```
data <- actimetrics::acti_count_data
data <- data[rep(seq_len(nrow(data)), length.out = 24 * 60), ]
data$time <- data$time[1] + (seq_len(nrow(data)) - 1) * 60
guider <- acti_sleep_guider(data, method = "L5")
```

```
acti_sleep_guider_requirements
```

Describe data requirements for sleep guiders

Description

HDCZA and HorAngle take raw triaxial acceleration and create their own regular epoch-level angle. All other guiders take a regularly spaced, epoch-level data frame and do not require raw acceleration data.

Usage

```
acti_sleep_guider_requirements()
```

Value

A tibble describing the required data for each guider.

Examples

```
acti_sleep_guider_requirements()
```

```
acti_sleep_hdcza
```

Identify a sleep window with HDCZA

Description

Implements the HDCZA sleep-period-time guider for wrist accelerometry. It finds prolonged periods of little change in the supplied z-axis angle, joins interruptions shorter than an hour, and returns the longest resulting block. As in GGIR, the default threshold is derived from the recording: 15 times the 10th percentile of the five-minute rolling median absolute angle change, limited to between 0.13 and 0.5 degrees. Setting threshold gives a fixed threshold in degrees instead (e.g. threshold = 0.2, the previous default). GGIR's HDCZA_threshold = c(p, m) corresponds to threshold_percentile = p, threshold_multiplier = m.

Usage

```
acti_sleep_hdcza(
  data,
  epoch = "5 seconds",
  threshold = NULL,
  threshold_percentile = 10,
  threshold_multiplier = 15,
  ignore_invalid = FALSE,
  min_block_minutes = 30,
  max_gap_minutes = 60,
  smooth = c("rollmedian", "none")
)
```

Arguments

data	A data frame of raw accelerometer observations.
epoch	Epoch used to average raw angles, in seconds or a string such as "5 seconds"; see <code>actibase::acti_standardize_epoch()</code> . Must be at most 200 seconds so that each five-minute window holds at least two angles.
threshold	Fixed maximum five-minute rolling median absolute angle change, in degrees. The default, NULL, derives the threshold from the recording using <code>threshold_percentile</code> and <code>threshold_multiplier</code> .
threshold_percentile	Percentile, between 1 and 100, of the rolling median absolute angle change used for the data-driven threshold. Ignored when <code>threshold</code> is set.
threshold_multiplier	Positive multiplier applied to that percentile for the data-driven threshold. Ignored when <code>threshold</code> is set.
ignore_invalid	Whether invalid observations are treated as movement; use NA to treat them as no movement.
min_block_minutes	Minimum low-movement block duration.
max_gap_minutes	Maximum interruption bridged between blocks.
smooth	Smoothing of the raw axes before the angle is computed: "rollmedian" (the default) takes a five-second rolling median of each axis first, as described by van Hees et al. (2015, 2018) and implemented in GGIR, so angles agree with GGIR's <code>anglez</code> ; "none" computes the angle from each raw sample, as in <code>acti-somni 0.3.0</code> and earlier. The median is taken over samples, not time, so "rollmedian" warns when the timestamps have gaps; fill or resample such data first.

Value

An `acti_sleep_guider` object. `window` is the selected SPT guider; `crude_window` retains all candidate blocks before choosing the longest.

Examples

```
# The bundled actiread recording contains raw X, Y, and Z acceleration.
raw <- actiread::acti_read_gt3x(actiread::acti_example_gt3x(), verbose = FALSE)
hdcza <- acti_sleep_hdcza(raw, epoch = "5 seconds")
```

acti_sleep_hlrb	<i>Identify the longest rest bout from sustained inactivity bouts</i>
-----------------	---

Description

Identify the longest rest bout from sustained inactivity bouts

Usage

```
acti_sleep_hlrb(data)
```

Arguments

`data` A data frame of regular epochs.

Value

An `acti_sleep_guider` object. `window` marks the longest selected rest bout, `crude_window` marks all bouts before selection, and `smoothed_sib` is the logical SIB classification after two-hour smoothing.

Examples

```
data <- actimetrics::acti_count_data
data <- data[rep(seq_len(nrow(data)), length.out = 24 * 60), ]
data$time <- data$time[1] + (seq_len(nrow(data)) - 1) * 60
# In practice, use a validated SIB classification rather than this example.
sib <- data$counts == 0
data$sib <- data$counts == 0
longest_rest <- acti_sleep_hlrb(data)
```

<code>acti_sleep_horangle</code>	<i>Identify a sleep window from horizontal posture</i>
----------------------------------	--

Description

Identify a sleep window from horizontal posture

Usage

```
acti_sleep_horangle(
  data,
  epoch = "5 seconds",
  longitudinal_axis = "Z",
  horizontal_threshold = 45,
  ignore_invalid = FALSE,
  min_block_minutes = 30,
  max_gap_minutes = 60,
  smooth = c("rollmedian", "none")
)
```

Arguments

<code>data</code>	A data frame of raw accelerometer observations.
<code>epoch</code>	Epoch used to average raw angles, in seconds or a string such as "5 seconds"; see <code>actibase::acti_standardize_epoch()</code> .
<code>longitudinal_axis</code>	Raw axis used as the longitudinal axis: "X", "Y", or "Z".
<code>horizontal_threshold</code>	Absolute-angle limit defining horizontal posture.
<code>ignore_invalid</code>	Whether invalid observations are treated as movement; use NA to treat them as no movement.
<code>min_block_minutes</code>	Minimum low-movement block duration.
<code>max_gap_minutes</code>	Maximum interruption bridged between blocks.
<code>smooth</code>	Smoothing of the raw axes before the angle is computed: "rollmedian" (the default) takes a five-second rolling median of each axis first, as described by van Hees et al. (2015, 2018) and implemented in GGIR, so angles agree with GGIR's anglez; "none" computes the angle from each raw sample, as in acti-somni 0.3.0 and earlier. The median is taken over samples, not time, so "rollmedian" warns when the timestamps have gaps; fill or resample such data first.

Value

An `acti_sleep_guider` object. `window` marks the longest selected horizontal-posture block, and `crude_window` marks all candidate blocks. `horizontal` is the epoch-level posture flag, `threshold` is the angle limit, and `epoch_data` contains the averaged angle and invalid flag.

Examples

```
raw <- actiread::acti_read_gt3x(actiread::acti_example_gt3x(), verbose = FALSE)
horizontal <- acti_sleep_horangle(raw, epoch = "5 seconds")
```

<code>acti_sleep_15</code>	<i>Identify a sleep window from the least-active five hours</i>
----------------------------	---

Description

Identify a sleep window from the least-active five hours

Usage

```
acti_sleep_15(data, 15_hours = 5, window_hours = 12)
```

Arguments

data	A data frame of regular activity epochs.
l5_hours	Duration of the least-active period.
window_hours	Duration of the guider centred on L5.

Value

An acti_sleep_guider object. window marks the window centred on the least-active period; l5_start_index and l5_activity_sum identify that period's starting epoch and total activity.

Examples

```
# Repeat the bundled minute-level count data to form a complete example day.
data <- actimetrics::acti_count_data
data <- data[rep(seq_len(nrow(data)), length.out = 24 * 60), ]
data$time <- data$time[1] + (seq_len(nrow(data)) - 1) * 60
l5 <- acti_sleep_l5(data)
```

acti_sleep_label	<i>Convert a sleep guider to epoch-level sleep/wake labels</i>
------------------	--

Description

A guider defines the likely main sleep window; it is not a sleep/wake classifier itself. This function applies GGIR's final overlap step to a sustained-inactivity-bout (sib) classification. With the default "SPT" rule, an entire SIB is sleep when any part overlaps the guider. With "TimeInBed", an SIB must be wholly inside the guider.

Usage

```
acti_sleep_label(sib, guider, sleepwindow_type = c("SPT", "TimeInBed"))
```

Arguments

sib	Logical or 0/1 sustained-inactivity-bout classification at the same regular epochs as guider\$window.
guider	An acti_sleep_guider object.
sleepwindow_type	Whether the guider approximates sleep-period time ("SPT") or time in bed ("TimeInBed").

Value

A logical vector: TRUE for sleep and FALSE for wake.

Examples

```
data <- actimetrics::acti_count_data
data <- data[rep(seq_len(nrow(data)), length.out = 24 * 60), ]
data$time <- data$time[1] + (seq_len(nrow(data)) - 1) * 60
guider <- acti_sleep_l5(data)
sib <- data$counts == 0
sleep <- acti_sleep_label(sib, guider)
```

acti_sleep_labels	<i>Create sleep/wake labels for multiple guiders</i>
-------------------	--

Description

Create sleep/wake labels for multiple guiders

Usage

```
acti_sleep_labels(sib, guiders, sleepwindow_type = c("SPT", "TimeInBed"))
```

Arguments

sib	Logical or 0/1 sustained-inactivity-bout classification.
guiders	A named list of acti_sleep_guider objects. All guider windows must use the same epoch grid as sib.
sleepwindow_type	The SPT or TimeInBed overlap rule.

Value

A tibble with one logical sleep_<guider> column per guider.

Examples

```
data <- actimetrics::acti_count_data
data <- data[rep(seq_len(nrow(data)), length.out = 24 * 60), ]
data$time <- data$time[1] + (seq_len(nrow(data)) - 1) * 60
guiders <- list(L5 = acti_sleep_l5(data), fixed = acti_sleep_setwindow(data))
labels <- acti_sleep_labels(data$counts == 0, guiders)
```

acti_sleep_notworn	<i>Identify a low-activity window for no-night-wear protocols</i>
--------------------	---

Description

Identify a low-activity window for no-night-wear protocols

Usage

```
acti_sleep_notworn(data, min_block_minutes = 30, max_gap_minutes = 60)
```

Arguments

data	A data frame of regular activity epochs.
min_block_minutes	Minimum duration of a low-activity block.
max_gap_minutes	Maximum interruption bridged between blocks.

Value

An `acti_sleep_guider` object. `window` marks the longest selected low-activity block, and `crude_window` marks all candidate blocks. `smoothed_activity` contains five-minute rolling activity values, `low_activity` flags candidate epochs, and `threshold` is the activity cutoff used to identify them.

Examples

```
data <- actimetrics::acti_count_data
data <- data[rep(seq_len(nrow(data)), length.out = 24 * 60), ]
data$time <- data$time[1] + (seq_len(nrow(data)) - 1) * 60
# `counts` is an epoch-level activity metric.
no_night_wear <- acti_sleep_notworn(data)
```

acti_sleep_setwindow	<i>Identify a fixed daily sleep window</i>
----------------------	--

Description

Identify a fixed daily sleep window

Usage

```
acti_sleep_setwindow(data, start_hour = 22, end_hour = 8)
```

Arguments

`data` A data frame containing timestamps.
`start_hour, end_hour` Start and end clock hours (0–24).

Value

An `acti_sleep_guider` object.

Examples

```
data <- actimetrics::acti_count_data
fixed_window <- acti_sleep_setwindow(data, start_hour = 22, end_hour = 8)
```

<code>acti_sleep_sib</code>	<i>Detect sustained inactivity bouts (SIBs)</i>
-----------------------------	---

Description

For raw triaxial accelerometer data, the default "vanHees2015" method derives a longitudinal-axis angle at epoch resolution and identifies periods with no posture change above `angle_threshold`. For epoch-level data, provide a precomputed `sib` column; alternatively, "low_activity" marks epochs whose conventional activity metric is at or below `activity_threshold`.

Usage

```
acti_sleep_sib(
  data,
  method = c("vanHees2015", "low_activity"),
  epoch = "5 seconds",
  time_threshold_minutes = 5,
  angle_threshold = 5,
  activity_threshold = 0,
  smooth = c("rollmedian", "none")
)
```

Arguments

`data` Raw triaxial or regular epoch-level data.
`method` SIB method: "vanHees2015" or "low_activity".
`epoch` Raw-data aggregation epoch, in seconds or a string such as "5 seconds"; see [actibase::acti_standardize_epoch\(\)](#).
`time_threshold_minutes, angle_threshold` van Hees posture-change parameters.

activity_threshold	Low-activity cutoff for epoch data.
smooth	Smoothing of the raw axes before the angle is computed: "rollmedian" (the default) takes a five-second rolling median of each axis first, as described by van Hees et al. (2015, 2018) and implemented in GGIR, so angles agree with GGIR's anglez; "none" computes the angle from each raw sample, as in acti-somni 0.3.0 and earlier. The median is taken over samples, not time, so "rollmedian" warns when the timestamps have gaps; fill or resample such data first.

Value

A tibble with time, sib, and supporting epoch-level variables.

Examples

```
raw <- actiread::acti_read_gt3x(actiread::acti_example_gt3x(), verbose = FALSE)
sib <- acti_sleep_sib(raw)
```

py_acti_asleep	<i>Estimate sleep with asleep in an isolated Python process</i>
----------------	---

Description

Uses `asleep::py_asleep()` to run the same asleep model as `acti_asleep()` in a callr subprocess. This keeps Python package requirements separate from the current R session.

Usage

```
py_acti_asleep(
  data,
  min_wear_hours = 22L,
  time_shift = "0",
  report_light_and_temp = FALSE,
  pytorch_device = c("cpu", "cuda:0"),
  sample_rate = NULL,
  verbose = TRUE,
  force_download = FALSE,
  pyenv_function = function() asleep::py_require_asleep(),
  show = FALSE,
  tz = NULL
)
```

Arguments

data	A data frame containing timestamps and triaxial acceleration, or a readable accelerometer file path. File paths are passed unchanged to <code>asleep::asleep()</code> .
min_wear_hours	Minimum daily wear time used by asleep summaries.
time_shift	Clock-time correction passed to <code>asleep::asleep()</code> .
report_light_and_temp	Whether to request light and temperature output.
pytorch_device	Device used for prediction.
sample_rate	Optional input sample rate.
verbose	Whether asleep prints progress messages.
force_download	Whether to re-download asleep model files.
pyenv_function	Function that configures Python in the subprocess.
show	Whether to stream subprocess output.
tz	Time zone of the recording and the returned times. By default the time zone of <code>data\$time</code>, or "UTC" when data is a file path; set it to the recording's time zone for file input. asleep works on local clock times without a time zone and splits the recording into noon-to-noon days on that clock. For data-frame input, the clock passed to asleep is held at the UTC offset in effect at the start of the recording, as a device clock is, so it never repeats or skips an hour at a daylight-saving transition. The returned times are the exact instants of the input, shown in tz. For file input, the device clock times that asleep reports are taken as clock times in tz. File and data-frame input of the same recording can therefore differ after a daylight-saving transition: a device clock that does not change for daylight saving is an hour off from tz until the clocks change back. This difference is known. To match such a device clock, use a fixed-offset time zone, e.g. <code>tz = "Etc/GMT-1"</code> for UTC+1.

Value

An `acti_sleep_estimate` tibble; see `acti_asleep()`.

py_acti_sleeper	<i>Estimate sleep with sleeper in an isolated Python process</i>
-----------------	--

Description

Uses `sleeper::py_estimate_sleep()` to run the same sleeper model as `acti_sleeper()` in a `callr` subprocess.

Usage

```
py_acti_sleeper(  
  data,  
  epoch = 30L,  
  model_dir,  
  pyenv_function = function() sleeper::py_require_sleeper(),  
  show = FALSE  
)
```

Arguments

<code>data</code>	A data frame containing timestamps and triaxial acceleration.
<code>epoch</code>	Output epoch, in whole seconds or a string such as "30 seconds"; see actibase::acti_standardize_epoch .
<code>model_dir</code>	Directory containing the sleeper model files.
<code>pyenv_function</code>	Function that configures Python in the subprocess.
<code>show</code>	Whether to stream subprocess output.

Value

An `acti_sleep_estimate` tibble; see [acti_sleeper\(\)](#).

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